

redeemer



a newsletter for and about the people of
lutheran church of our redeemer

record

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pastor's message

My mother is a terrific cook. Although she is of German-American heritage, she cooks with a definite French flare that is more reflective of my father's side of the family. Although she doesn't cook much anymore, when I was growing up vegetables, for instance, were rarely cooked plain. They were usually prepared in a Mornay or béarnaise sauce or in a soufflé. I must have inherited her love of good food and cooking since I do enjoy being creative in the kitchen.

Often I find myself clipping recipes from magazines and newspapers that I intend to attempt someday; but most of the time, I never get around to them. Some of the recipes I have must be five or six years old and have not yet been tried. The other day I discovered a new recipe that I want to share with you and urge you to try it immediately. What is so great about this recipe is that it has zero calories! It is called a Recipe For A Happy New Year. I think you will be very pleased with the results.

**Take twelve whole months.
Clean them thoroughly of all bitterness, hate and jealousy.
Make them just as fresh and clean as possible.**

**Now cut each month into twenty-eight, thirty, or thirty-one different parts.
But don't make up the whole batch at once.
Prepare it one day at a time out of these ingredients:**

**Mix well into each day one part of faith,
one part of patience, one part of courage, and one part of work.
Add to each day one part of hope, faithfulness, generosity, and kindness.
Blend with one part prayer, one part meditation, and one good deed.
Season the whole with a dash of good spirits, a sprinkle of fun, a pinch of play,
and a cup full of good humor.**

**Pour all of this into a vessel of love.
Cook thoroughly over radiant joy, garnish with a smile,
and serve with quietness, unselfishness, and cheerfulness.
You're bound to have a Happy New Year.**

Author unknown

I would like to extend to you and yours best wishes for a new year that brings you much peace, joy and good health.

All praises to God,
Leigh Pezet, Pastor